



Lead Yourself & Multiply Others

Every organization wants their team to win and be successful. In order to create sustained results, leaders must possess high-performance skills that will help move organizations from strategy to execution. *Crushing It* combines neuroscience, positive psychology, behavioral psychology, and high-performance principles that will help you sharpen new skills creating habits for sustained success.

Be ready to be challenged, have fun, laugh, and be inspired to lead your high performing team to new levels of sustainable success.

"We are what we repeatedly do. Excellence, therefore is not an act, but a habit"
- Aristotle

Key takeaways:

- Discover the three habits that impacts each individual personally for elevating one's performance.
- Identify the three habits which have a direct impact socially on performance.
- Discover the vital questions that will create an immediate shift in one's performance.

Speaking with Purpose & Passion to elevate Potential & Performance

What People are Saying:

Great energy and Mark made it all of fun.

Mark communicated with such conviction and passion that I left the classroom feeling better.

The instructor really knows what he is talking about and he really explained in a way that I got it.

I was very impressed with this class. Love the laughing, and exercises. Powerful and motivating.

Best Speaker I've heard.

Independent John Maxwell Speaker, Trainer, & Coach



Two-time Amazon Best Selling Author



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